BIOGRAPHICAL SKETCH

NAME: Patrick D. Fehling, MD

POSITION TITLE: Addiction Psychiatrist; Attending Physician; University of Colorado – Center for Dependency, Addiction and Rehabilitation (CeDAR); Associate Clinical Professor – University of Colorado School of Medicine – Department of Psychiatry

EDUCATION/TRAINING

| INSTITUTION AND LOCATION | DEGREE | Completion DateMM/YYYY | FIELD OF STUDY |
| --- | --- | --- | --- |
| University of Wisconsin-Madison, Wisconsin | BA | 06/2003 | Finance |
| University of Wisconsin-School of Medicine and Public Health, Wisconsin | MD | 06/2007 | Medicine |
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# A. Personal Statement

I am currently an Addiction Psychiatrist for the University of Colorado School of Medicine and the Center for Dependency, Addiction and Rehabilitation (CeDAR). For the past 9 years, I have served as attending physician for CeDAR’s dual diagnosis treatment center, providing both clinical care to residential patients as well as supervision of our medical student curriculum. CeDAR provides evidence-based recovery care, with a strong emphasis on Medication-Assisted Treatment (MAT) approaches, the treatment of personality disorders, and the complex medical management of patients with severe alcoholism, including pre- and post- liver transplant cases. In addition to delivering care and providing education, I have helped to build the educational reach of CeDAR, developing hundreds of articles regarding addiction recovery and producing a multi-year educational podcast for our university.

Outside of my role at CeDAR, I manage a private practice in Denver, Colorado, focusing on addiction recovery. Treatment services include the use of Buprenorphine for opioid addiction treatment, integrating psychotherapy with addiction recovery principles and supporting families and couples on the course of addiction recovery. Through my dual-role career, I have been able to build expertise across the continuum of addiction treatment, including managing patients as they ascend or descend the ladder of treatment services.

In recent years, I have expanded my scope of practice to include principles of innovation, often using web-based applications and technology. This has included developing a treatment-augmenting chatbot, an educational addiction recovery curriculum and a research and development startup. These endeavors have helped me better understand the disease of addiction and ways to add value to my patients and others seeking help.

# B. Positions and Honors

## Positions and Employment

2007-2011 Internship and Residency (Psychiatry), University of Colorado Health Sciences Center

2011-2012 Fellowship (Addiction Psychiatry), University of Colorado Health Sciences Center

2012-2013 Senior Clinical Instructor – University of Colorado - CeDAR

2013-2018 Assistant Clinical Professor – University of Colorado – School of Medicine – Dept of Psychiatry

2018-present Associate Clinical Professor – University of Colorado – School of Medicine – Dept of Psychiatry

## Honors

2019 *5280* Top Doctor – Addiction Medicine

# C. Scholarship and Innovation for the Field of Addiction Medicine

# Pade P, Fehling P, Collins S, Martin L. “Opioid overdose prevention in a residential care setting: Naloxone education and distribution.” Journal of Substance Abuse. Vol. 38, Iss. 1, 2017

# Ritvo J, Martin L, Fehling P. “Community-Based Treatment.” Textbook of Substance Abuse Treatment -5th Ed. – Galanter & Kleber 2015

* [*www.recoveryarc.com*](http://www.recoveryarc.com) – Development and management of an addiction resources course for patients and families.
* [*www.rcvrybot.com*](http://www.rcvrybot.com) *- Doppel* – Coding and design of a wellness chatbot utilizing the *Facebook* social media platform.
* “Through the Trees – The CeDAR Addiction Treatment Podcast” – 23 episode series featuring clinicians from the University of Colorado discussing the disease of addiction and treatment. *Available on iTunes.*
* Delver Pharmaceuticals, LLC – Research and development startup seeking to advance novel drugs for addiction treatment purposes. [www.delverpharma.com](http://www.delverpharma.com)

**D. Research and Support**

My research collaboration is through the University of Colorado School of Medicine – Division of Substance Dependence. This has included the following projects:

* Dialectical behavioral therapy for the treatment of substance use disorders in an outpatient methadone treatment program. 2011.
* Overdose-Education / Naloxone Distribution (OEND) in a residential addiction treatment setting. 2014-2017.
* Small-rodent preclinical benzodiazepine research – GABA partial agonist L838,417 and cross-tolerance with diazepam. 2018-2020.
* Micro-dosing naltrexone for buprenorphine discontinuation – case reviews in a residential addiction treatment setting. 2020-2021.